



#### Safeguarding

Threemilestone School is committed to safeguarding and promoting the welfare of all children.  
We expect all our team members to share this commitment.

### **Swimming Policy**

#### **Rationale**

Children are given the opportunity to swim in Key Stage 2. The children go every week throughout years 3 and 4 and for the final half term in Year 6. This enables them to achieve at least 25metres on their back and front.

#### **Our objectives in the teaching of swimming are:**

- To enable children to develop and explore physical skills with increasing control and co-ordination.;
- To enable children to develop their confidence in the water by developing the ability to rest, float and adopt support positions.;
- To achieve a variety of means of propulsion using either arms, legs or both;
- To swim unaided competently and safely;
- To develop efficient swimming strokes on the front and back;
- To have knowledge of the principles of water safety and to learn the appropriate skills; and ultimately
- For all children, to be water confident and to be able to swim 25metres.

#### **Teaching and Learning**

We use a variety of teaching and learning styles in swimming lessons. Our principle aim is to develop the children's knowledge, skills and understanding – we do this through a variety of whole group teaching, small group work and individual activities. Teachers draw attention to good examples of individual performance as models for the other children to watch to enhance their own swimming technique.

## **Content**

- All children are taught different swimming strokes and skills for water safety.
- The groups participating overall in the swimming programme are large (2 classes) and therefore, split into smaller groups, with the non-swimmers in the shallow pool.
- Children are differentiated by ability and taught in manageable groups.
- Children wait in the gallery for their turn to swim, once they have changed into their swimming kit.
- All “new” children are assessed in the beginners’ group and are then transferred, if necessary, into the most appropriate group to their needs.
- Children are made aware of the safety rules. The teacher in charge, talks to the children, at the beginning of the school year and throughout to remind them of the following:
  - safety and behaviour whilst travelling on the bus
  - behaviour in the changing rooms and on the poolside
  - behaviour and safety in the pool.

We also make children aware that the Leisure Centre is open to the general public for access to the gym (above the pool) and therefore, they must be mindful of their behaviour and safety at all times.

## **Assessment and Monitoring**

Children are formally assessed for distance swimming awards twice during the school year. Beginners are assessed and awarded distance badges on a more frequent basis (at the swimming teacher’s discretion).

All children are constantly monitored for their swimming ability and stroke development and lessons are adjusted accordingly to develop their skills. Children are moved to the appropriate swimming group throughout the year.

## **Spiritual, Moral, Social and Cultural Aspects**

Children are encouraged to appreciate the environment and the need to respect the unpredictable force and motion of water. Children are encouraged to act in a social and moral way when swimming. They are taught to respect the safety of others, as well as their own.

## **Human Resources**

- School teachers / Teaching Assistants

- Pool staff including lifeguards
- Swimming teachers
- Parent helpers –travelling on the bus, at poolside and in changing room (all CRB checked)

**Physical/Material Resources**

- Swimming aids: floats, buoys and weights
- Goggles
- Swimming kit, hats and towels

**Evaluation Arrangements**

Teaching staff liaise with each other to discuss appropriate changes, individual children’s needs and support as required.

In general, success is reflected by the achievements of distances awards. However, it is well recognised and appreciated that levels of success will be personal to each individual as they increase in confidence and ability. For some children, a small step in progression is very rewarding. Children attend weekly swimming lessons unless there is a valid reason for non-participation. All children are expected to have the appropriate kit- swimming costume or swimming trunks, swim hat, goggles (optional, however, beneficial), towel and all jewellery to be taken off.

\_\_\_\_\_ Dated \_\_\_\_\_  
Author

\_\_\_\_\_ Dated \_\_\_\_\_  
Head teacher

\_\_\_\_\_ Dated \_\_\_\_\_  
Chair of Governing Body

\_\_\_\_\_ Dated \_\_\_\_\_  
Chair of Pupils and Curriculum Committee

**Ratified at Full Governing Body Meeting:**

**Date of next review:**